



Unlock your company's full potential with disease reversal

AndHealth is a chronic disease center of excellence for employers. Our specialty practice integrates root cause medicine into our providers' workflow to determine the unique underlying causes of each patient's condition. We then address the cause with personalized treatment plans to sustainably reduce symptoms and, for many, put them into remission.

AndHealth offers disease reversal for:

Migraine

Migraine is underdiagnosed and poorly treated, meaning businesses often don't see a prevalence of migraine within their healthcare claims due to a lack of available care.

1 in 6

Americans struggle with migraine¹

20,000

migraine patients for every 1 headache specialist in the US²

19 days

average missed days annually due to migraine³

Autoimmune

IBD, Psoriatic Arthritis, Psoriasis, Rheumatoid Arthritis

Despite representing just 1-2% of members, a large percentage of total drug spend is tied to treating inflammatory autoimmune conditions.⁴

In 2 years

almost 50% of patients newly diagnosed will advance to a costly biologic⁵

20% of total drug spend

is linked to treating autoimmune conditions⁶

How we accomplish disease reversal

Access to care on day 1

As the patient's specialist, we create a personalized treatment plan that includes medication optimization



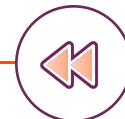
Focus on unique root causes

Then we guide them on their journey to disease reversal through care that combines clinical and behavioral science








Sustaining reversal outcomes

Continued support helps the patient sustain their outcomes, resulting in less reliance on the healthcare system



Give your employees access to the healthcare they deserve

		
Leading Specialists in each condition	✔ Yes	✘ No
Certified Health Coach	✔ Yes	✘ No
Access to care	Immediate	13.5 weeks (average)
Care approach	Continuous	Episodic
Location of care	Virtual	In office
Total time per appointment	15 minutes	2 hours
Root cause-based treatment	✔ Yes	✘ No
Behavior change science	✔ Yes	✘ No

Average Migraine Reversal results after four months	
86%  decrease in number of migraine days per month	46%  decrease in migraine severity
216 hrs  reclaimed from migraine per year Resulting in fewer missed events	70%  productivity improvement Measured in presenteeism for work and life events

“I’m amazed at the results. It is truly a lifesaver.”

- Vanessa Wolfe,
Human Resources Coordinator

To learn more about offering AndHealth as a benefit, contact us at partners@andhealth.com

1. Burch R, Rizzoli P, Loder E. The Prevalence and Impact of Migraine and Severe Headache in the United States: Figures and Trends From Government Health Studies. *Headache*. 2018 Apr;58(4):496-505. doi: 10.1111/head.13281. Epub 2018 Mar 12. PMID: 29527677.
2. <https://americanheadachesociety.org/news/value-headache-specialist/>
3. Yücel, A.; Thach, A.; Kumar, S.; Loden, C.; Bensink, M. et al Estimating the Economic Burden of Migraine on US Employers *The Am. J. Man. Care*, December 2020, Volume 26, Issue 12
4. <https://www.primetherapeutics.com/research/dispel-the-mysteries-of-the-autoimmune-drug-category/>
5. Wakely: Consulting Actuaries & Healthcare Specialists, Analysis of 20 million claims, 2022
6. <https://www.fiercehealthcare.com/payer/drugs-for-autoimmune-disorders-account-for-growing-part-pharmacy-spend-prime-therapeutics>